

# Culprit or complete revascularization in AMI cardiogenic shock

**Clarissa Dall'Orto, MD, Ph.D, FACC**

Director, Department of Hemodynamic and Interventional Cardiology at the Hospital Estadual Costa das Baleias

Director, Department of Hemodynamic and Interventional Cardiology at the SOBRASA Hospital

Director, Department of Hemodynamic and Interventional Cardiology at the AMES Hospital

Bahia, Brazil





## **What Is Cardiogenic Shock?**

A clinical condition of inadequate tissue (end-organ) perfusion due to the inability of the heart to pump an adequate amount of blood. The reduction in tissue perfusion results in decreased oxygen and nutrient delivery to the tissues and, if prolonged, potentially end-organ damage and multisystem failure.

## **When Does Cardiogenic Shock Occur?**

The most common cause of cardiogenic shock is acute myocardial infarction. Cardiogenic shock occurs in 5% to 10% of people with acute myocardial infarction.

## **What Is the Prognosis for Patients With Cardiogenic Shock After Acute Myocardial Infarction?**

Thirty-day mortality is nearly 40% and approaches approximately 50% at 1 year.





# Diagnostic criteria for cardiogenic shock

**Systolic blood pressure of less than 90 mmHg for longer than 30 minutes**

**or**

**Use of catecholamine therapy to maintain a systolic pressure of at least 90 mmHg**

At least one of the following manifestations:

- altered mental status
- cold and clammy skin and limbs
- oliguria with a urine output of less than 30 mL per hour
- arterial lactate level of more than 2.0 mmol per liter

**CS associated with AMI can occur after STEMI or NSTEMI**



Hypoxemia

Progressive worsening

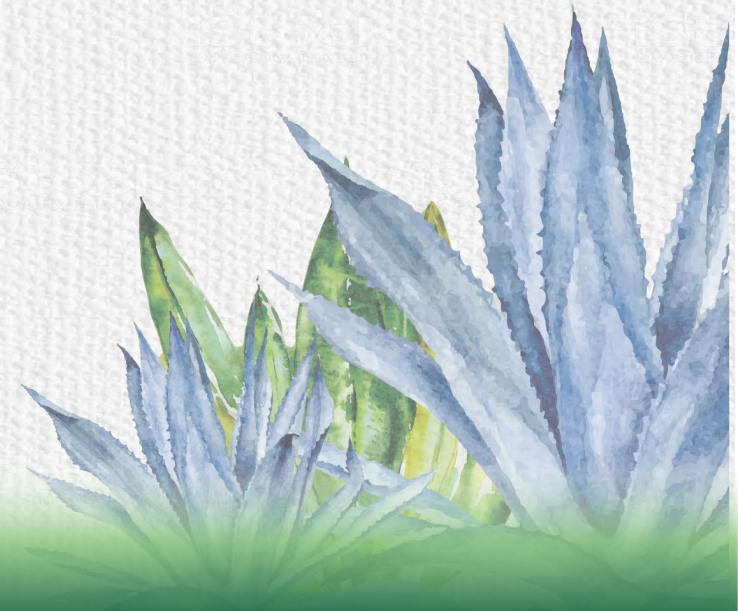
Decreased cardiac  
contractile mass

Volume overload



# Classification schema for CS by SCAI

932557 154





# SHOCK (Should We Emergently Revascularize Occluded Coronaries for Cardiogenic Shock) trial

- Patients with AMI and cardiogenic shock were randomized to medical therapy (150 p) or emergency revascularization (152 p): 64% of patients were referred for PCI and 36% for CABG
- The primary end point was mortality from all causes at 30 days
- Despite lack of a significant difference in the primary endpoint of mortality at 30 days, but emergency revascularization with either PCI or CABG reduced the mortality rate at 6 months





# SHOCK (Should We Emergently Revascularize Occluded Coronaries for Cardiogenic Shock) trial

- The mortality benefit was maintained through 1 and 6 years.





## CULPRIT-SHOCK trial

- 706 patients with multivessel disease, AMI, and cardiogenic shock were randomized to PCI only in the culprit artery (with the option of performing PCI in other arteries at a later date) or immediate PCI in all vessels with significant stenosis
- The primary objective was to assess the occurrence of death or severe renal failure requiring dialysis within 30 days after the procedure





# CULPRIT-SHOCK trial



The culprit artery-only PCI strategy resulted in a lower rate of death or severe renal failure within 30 days compared with immediate multivessel PCI.





MACE in 30-day was lower in culprit-lesion-only PCI group





## CULPRIT-SHOCK trial: limitations

- The study was **not blinded**, meaning that physicians knew which treatment each patient was receiving, which may have influenced clinical decisions
- A percentage of **patients switched treatment groups**, which may have affected the results
- The total contrast dose used was higher in the multivessel PCI group, which may have contributed to renal complications
- The study evaluated a **limited time period (30 days)**, and it is unknown whether the results would have been different over a longer period



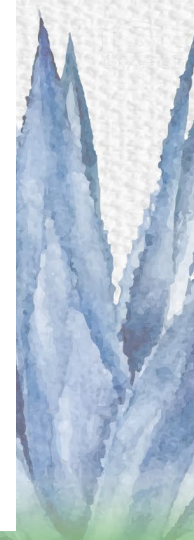


# CULPRIT-SHOCK trial: 1 year of follow-up











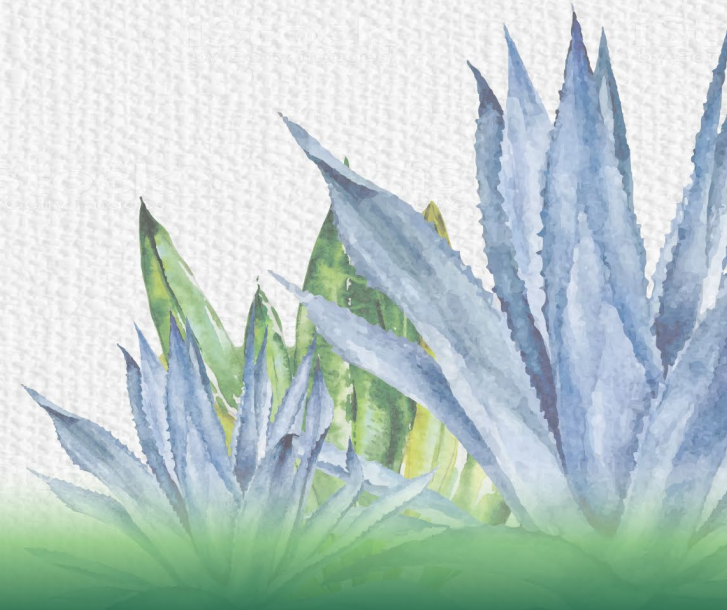
# Clinical case

53-year-old woman

Cardiovascular risk factors: hypertension and current smoking

Acute myocardial infarction with inferior ST-segment elevation with 5h of evolution

Coming from another hospital (non-PCI-capable hospital) after having suffered 3 cardiorespiratory arrests



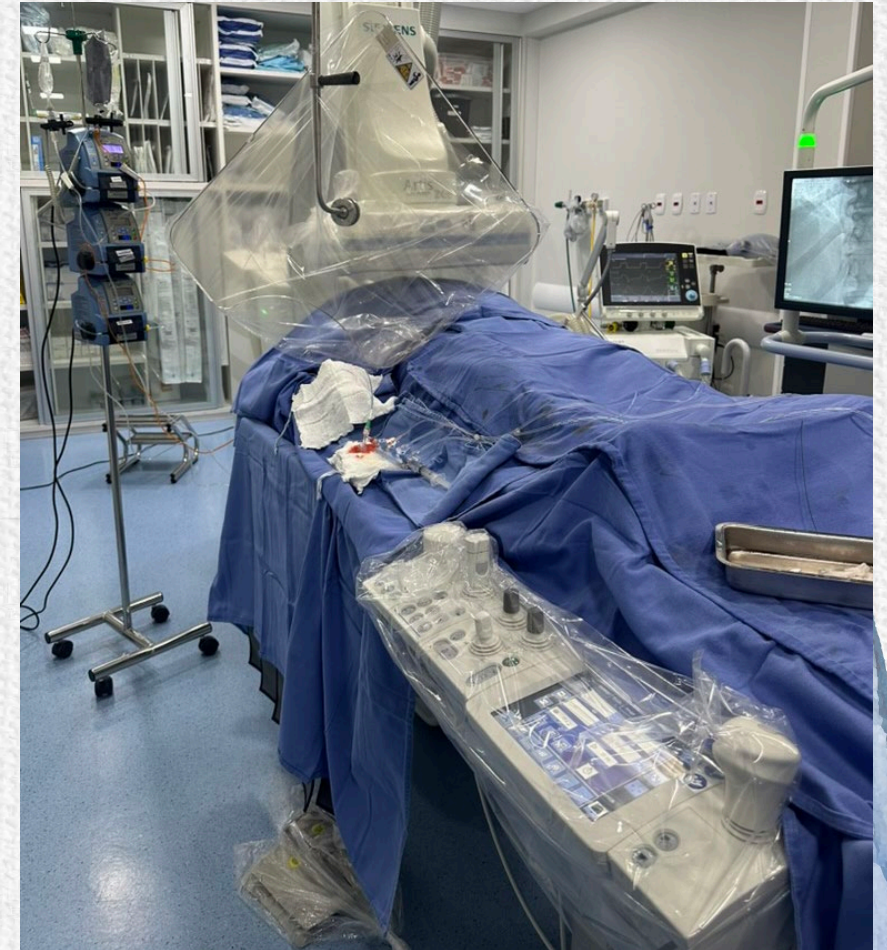


# Clinical case

Cardiogenic shock

Intubation + ventilation + vasopressor + inotrope

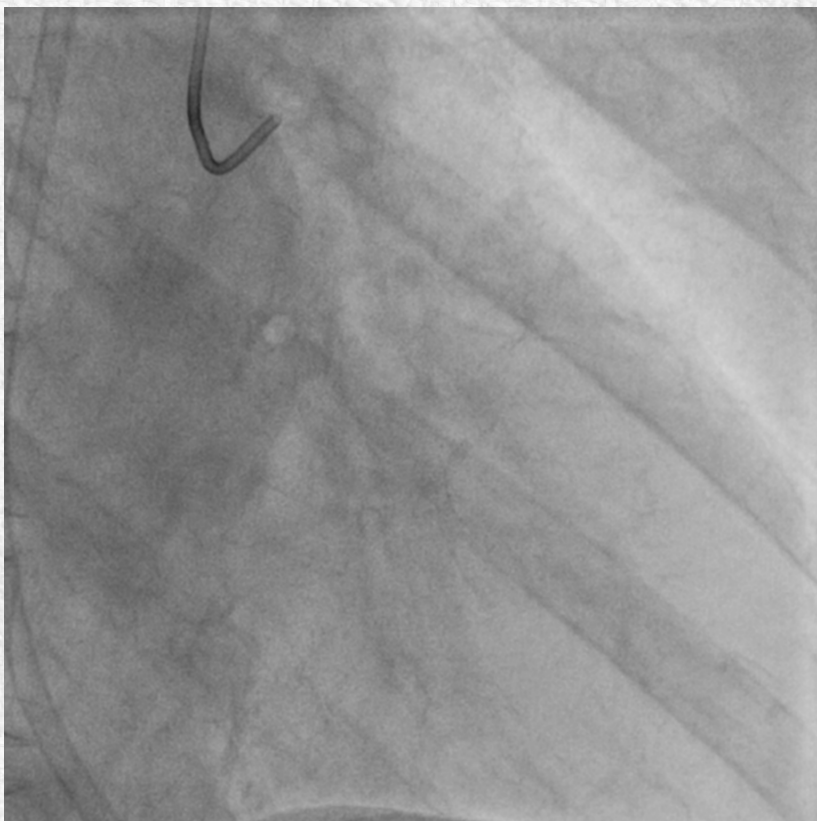
Referred to the interventional cardiology department  
for coronary angiography with a view to PCI





# Coronary angiography

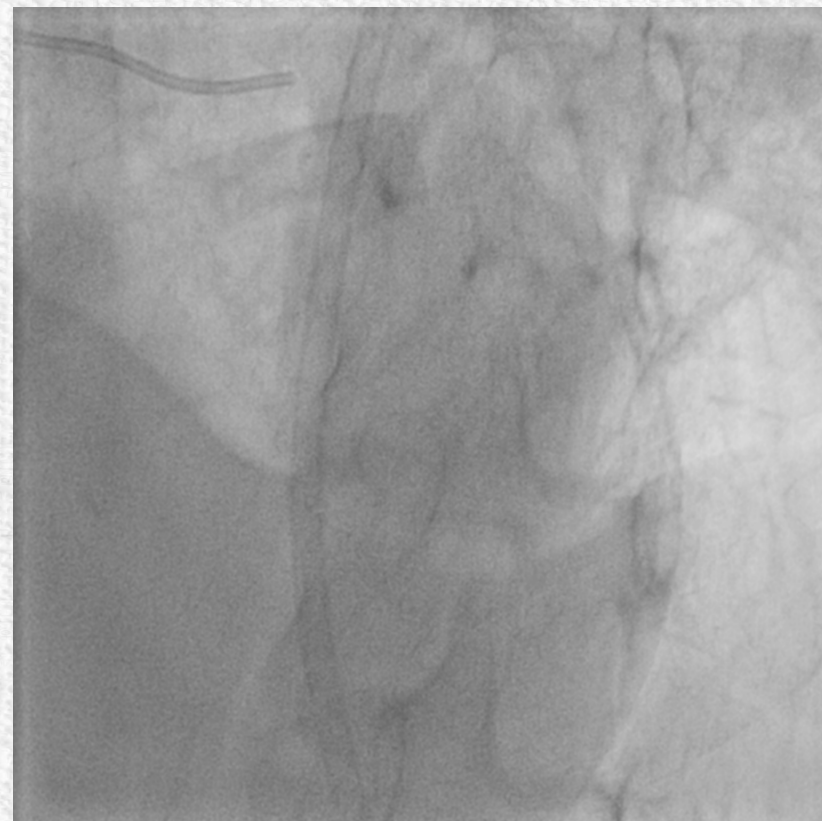
Right radial access



**Straight 30° RAO**  
**Obtuse marginal: 50% proximal**  
**obstruction**



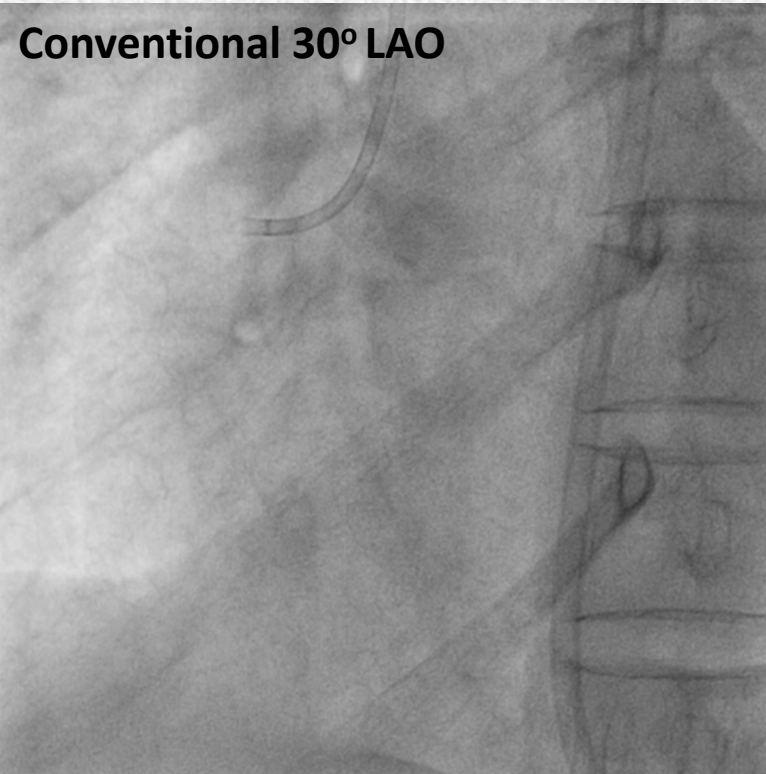
**PA cranial**  
**LAD: 70% mid obstruction**



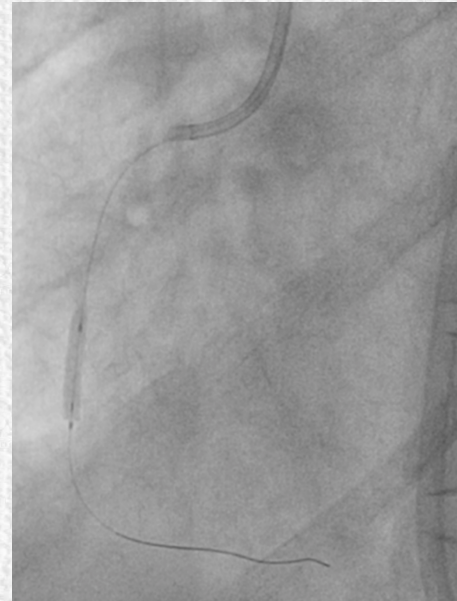
**LAO cranial**  
**LAD: 70% mid obstruction**



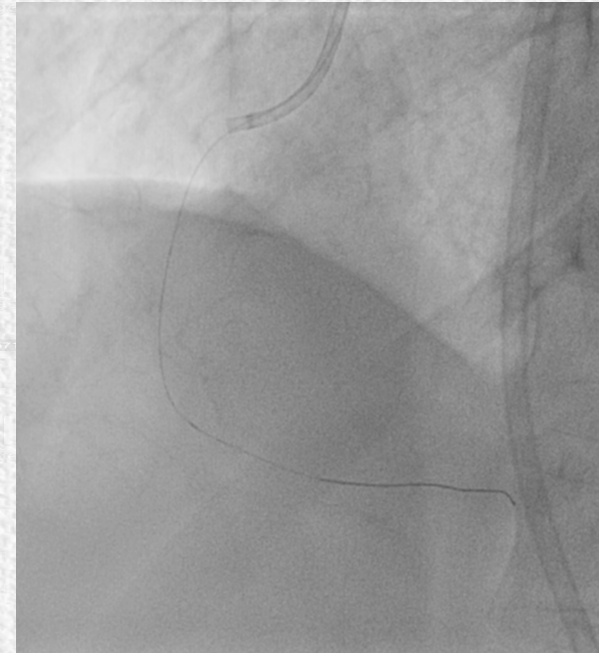
# Coronary intervention



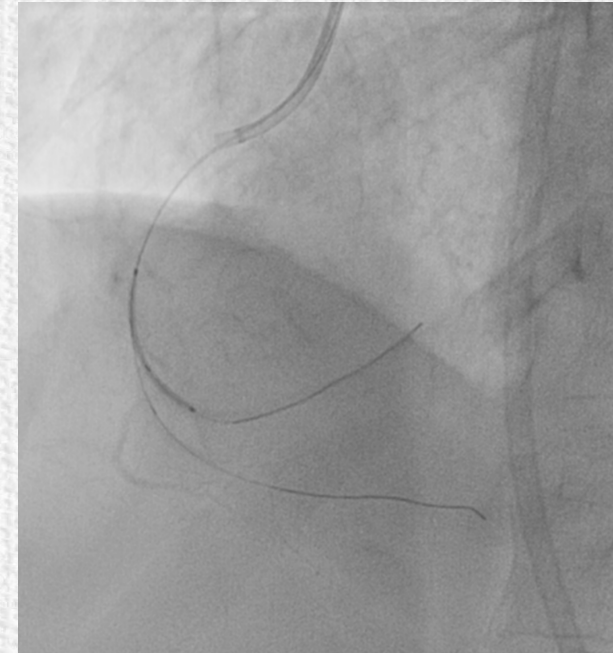
**RCA: 100% mid obstruction**



Wiring and  
predilatation



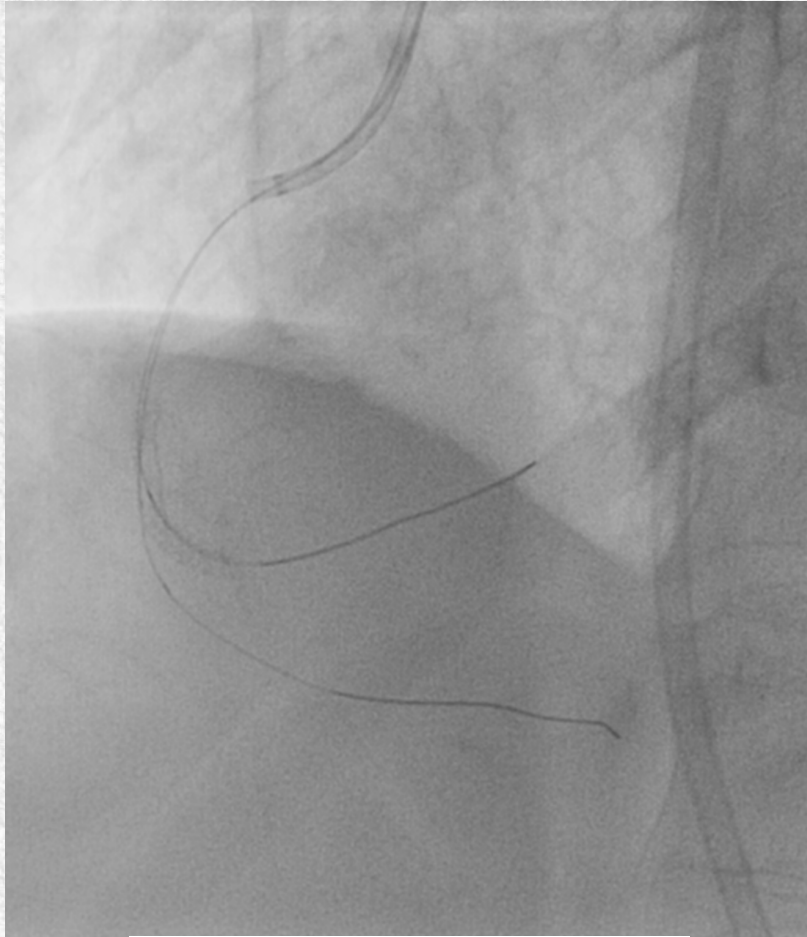
Angiography after predilatation



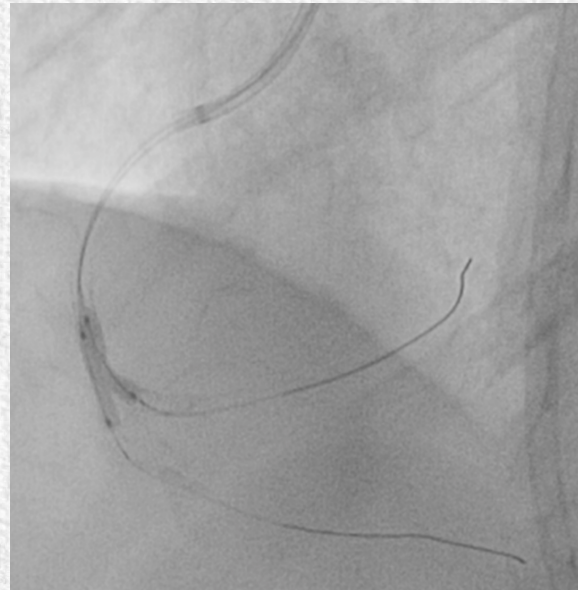
Kissing wire and  
stenting



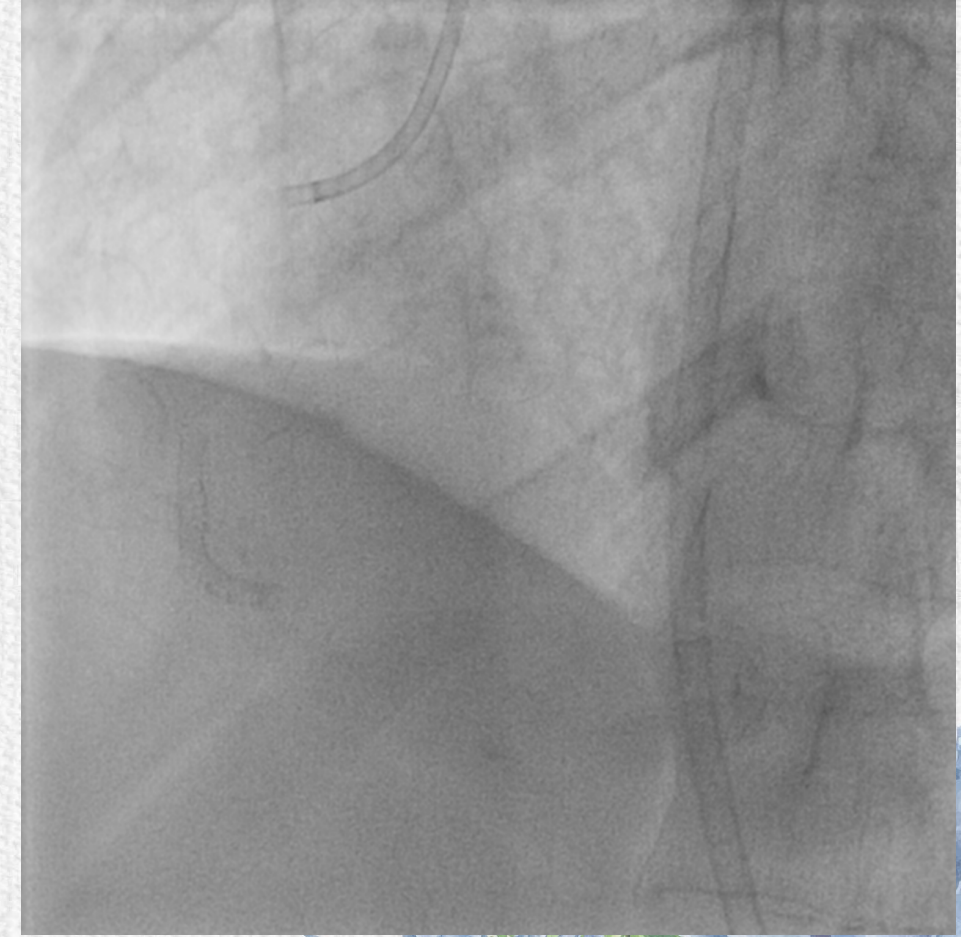
# Coronary intervention



Immediately after stenting



Kissing balloon

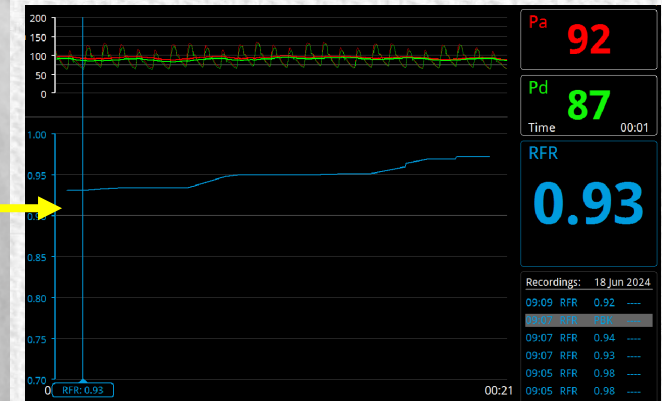
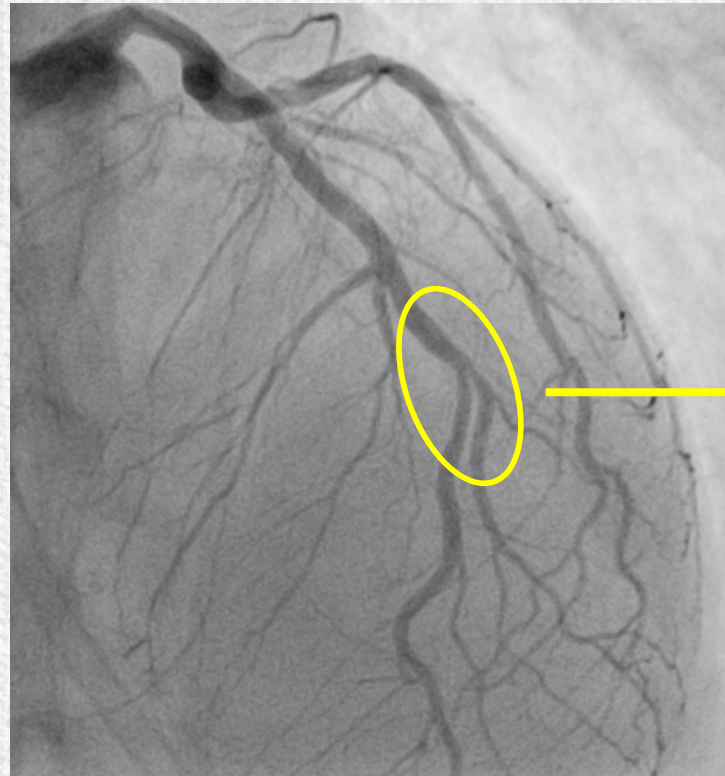


Final result



# Coronary intervention: second stage

- After the acute condition resolved, she returned to the cath lab to address the 70% medial lesion in the LAD, the non-culprit artery
- We performed invasive physiology, RFR, a non-hyperemic method
- The LAD RFR=0.93, remained under clinical treatment





## Take-Home Messages

- CS associated with AMI can occur after STEMI or NSTEMI;
- Emergency revascularization of the infarct-related artery remains the mainstay of treatment and is the **only therapy that has significantly reduced mortality in CS** in the CULPRIT-SHOCK trial;
- SHOCK TRIAL: reduced 30-day mortality from 51.6% to 43.3%
- Benefit maintained at 1 and 6 years

